

# ANGELO THOMAS

Angelo Thomas is a writer, a filmmaker, and an advocate for eating disorder recovery and awareness, among other things.

Earlier this year, Angelo documented his own recovery from an eating disorder in *To a Life Worth Living*, a short, autobiographical documentary film that was released with the support of the National Association of Anorexia Nervosa and Associated Disorders (ANAD); his treatment team at The Center for Balanced Living in Columbus; and his faculty and peers at CCAD. The film was a semi-finalist for The Film Festival of Columbus and was screened at Chroma: The Best of CCAD; at the Columbus Moving Image Art Review at The Ohio State University; and at the Gateway Film Center in Columbus as part of its “Show Us Your Shorts” series. The film’s release was covered by The Columbus Dispatch, Columbus Alive, (614) Magazine, and Study Breaks Magazine, and Angelo could not be happier with how well the film has been received.

Since *To a Life Worth Living*, Angelo has taken on a role as an advocate for mental health and people who suffer from eating disorders. He is now an ambassador for ANAD and speaks to high schools in his hometown about his experience with anorexia as well as the services that ANAD provides.

Angelo’s latest endeavor is *The Incredible Jake Parker*, a fictional, young adult novel that tells the story of a nineteen-year-old pop star’s battle with anorexia. *Jake Parker* is one of the first – if not the very first – fictional works to be published with direct approval from a nationally recognized organization for eating disorders like ANAD. The book is available on Amazon and Barnes & Noble on September 3 and will be sold at The Book Loft in German Village in Columbus. Angelo hopes to bring the book to life as a feature film or series someday and is excited to continue to share his story – and now Jake Parker’s – with the world.